



WILDWOOD BUSHCRAFT

Course Joining Instructions

Our courses are run in beautiful ancient woodlands in several locations in the Sussex Weald, England and the Highlands of Scotland. We choose our woodlands carefully as places with plentiful bushcraft resources, wildlife and interesting scenic locations. You will be in the capable hands of our chief instructor, Leon Durbin PhD and/or one of our experienced associate instructors. Your time with Wildwood Bushcraft should be fun, with plenty of practical experience and challenges, and hopefully you will be inspired to learn more.

Timings of courses

Unless otherwise stated, courses usually begin at 09.00 and end between 16.00 - 17.00. Please check the course description page for any variations, especially for multi-day courses.

Location

We use a number of different woodland venues so please check the location shown in your email booking confirmation. This will link to more information about the venue and where to meet up.

Weather

There will usually be a tarp shelter on site so that the course can go ahead even in poor weather conditions. Bushcraft is about adapting to the environment and rain is no obstacle to learning – in fact it can help! In extreme weather you can always contact us on the day to check if the course is going ahead (on the day 07709 031715 or 01687 470415). Nevertheless, we would always try to let you know as soon as possible (usually by phone), if a course was changed or cancelled.

Preparing yourself for Survival Courses

Multi-day survival courses are by definition challenging and a few preparations can help. We don't provide much sugar, starch or any caffeine on these courses. Quantity of food is also reduced in keeping with a survival situation, although there are basic meals and some brought in provisions. We would suggest that you eat a good meal before arriving and that in the days running up to the course you reduce or eliminate sugar and caffeine in your diet. This will reduce the withdrawal symptoms you feel on the first day. Remember there should be some challenge for the Survival course to be worthwhile - embrace it and try to learn from it.

Facilities

The following facilities will usually be available on site: a group tarp shelter, drinking water, washing water and soaps, a First Aid kit and a simple pit latrine. Some of our courses are currently self-catering so please check the website course description. We do however provide hot drinks during breaks on all our courses. Following the course you will be asked for feedback by email and given a link to handouts with quick reference on the course contents.

Kit list

A kit list specific to your course is available on the course description page on our website - please check that you have all essential items. If you have problems attaining any items, let us know and we may be able to help. Especially if you are travelling from overseas.

Booking and Payment

To book a course, buy a voucher or make a balance payment this can all be done from the course description page. You can find a course by navigating from the courses menu to the country where you want to attend the course. Then you select the specific course either from regional landing page or the full course list for that country. On the course description page you will find relevant buttons for booking actions.

This will enable us to confirm your place/s and to plan for the course. The balance payment is due one calendar month in advance of the course, except for expeditions where it is two calendar months.

Terms and Conditions

Please ensure you read our Terms and Conditions and our Safety Briefing documents when booking a course. Links to the documents are found under our main Booking menu on our website and in booking confirmation emails that are sent when you book.